



CCAC TRIATHLON TRAINING CLASS

**Want to Train for a TRIATHLON,
but don't know where to start...**

**We provide the know-how and motivation
You provide the SWEAT!**

Being fit enough, tough enough, and
mentally prepared to tackle one of the
most challenging and rewarding tests of
human endurance...

**TYBEE TRI
June 10, 2012**

**March 27- June 7
Tuesday and Thursday
6:30-8:00PM**

**Registration fee \$65
10 Swim Punchcard \$20**

Chatham County Aquatic Center
7240 Sallie Mood Dr
Savannah
912-652-6793